

Too Long, Didn't Read: It's the Law in Maryland.

Longer version:

The dispensing of any medications, supplements, etc. to youths at camp results in medical, legal, and insurance liabilities for West River Center, Camp Kittimaquundi, and the professional registered nurse working for the camp.

If your daughter takes any prescribed medication, over the counter medications on a regular/daily basis, vitamins, supplements, etc., by Maryland State Law, a Medication Administration Authorization form from your daughter's healthcare provider is required for it to be administered at camp. (Link to guidelines at bottom of page)

Please note that *anything* that is put into the camper's mouth (that is not food) or on her skin by the nurse is considered a "medication".

"Why is it that the nurse can give the medications that are on the "over the counter" list that I approved on the form *without* the Medication Administration Authorization form?"

Think about the difference between a scraped knee vs. a broken leg that requires a cast and pain killers for weeks.

With your permission, the camp nurse can dispense those medications for "acute" medical issues (stings, isolated rash, headache, scraped knee, etc.) which typically only require one or possibly two "treatments". These don't typically require a call to the parents and the camper usually resumes camp activities quickly.

Any condition that requires *more* than this indicates a bigger problem, and requires management by a physician or nurse practitioner, who can give "orders" to the camp RN.

In such cases, parents will be informed, and camper will be taken to the local urgent care for an assessment and/or parents will be instructed to pick up the camper.

Any questions or concerns about medications, forms, or specific medical issues, should be directed to the Camp Nurse Supervisor at campkittinurse@gmail.com.

Additional Information can be found here:

[Maryland Health Youth Camps Supervision and Medications Guidelines](#)

[American Academy of Pediatrics: Improving Health and Safety at Camp](#)

[American Camp Association: Medication Management: 13 Common Questions from Camps — And Their Answers](#)